

Your NDIS Plan



From the Desk of the Executive Director

The NDIS roll-out in the Inner and Outer Eastern Region of Melbourne is scheduled to start from 1 November 2017. In the meantime, some people Nadrasca supports have been identified for an early transition, due to their immediate support needs.

If you have received a letter from the NDIS regarding your Plan, contact Nadrasca so we can help you with the Pre-Planning to ensure your support needs are covered and are adequate. If you have had your Plan approved, Nadrasca can also assist you. We can discuss with you the items in your Plan and how we can help you to access them.

It is important that you start addressing and listing these supports ASAP, especially if you currently receive support from other organisations, as some of these could/will cease from the day your NDIS Plan is approved.

To keep using Nadrasca for your support needs, all you will need to do is to sign a Service Agreement with us. Please contact Nadrasca on 1300 623 727 or email NDIS@nadrasca.com.au

Nadrasca will also be conducting information workshops for our internal stakeholders at each site, to be announced prior to the roll-out date.

Welcome to Pauline Whitehead

At the October 2016 Board meeting, the Board of Directors passed a resolution appointing Pauline Whitehead to the

Board, in accordance with Clause 57(i) and (ii) of the Constitution. Pauline will hold office until the Annual General Meeting in September, when she will be eligible for election.



Born in Scotland, Pauline has lived and worked in Australia for 35 years. She is currently CEO of Moran Home, a privately-owned Furniture and Home Textile company.

Previously, as Sales Director of the recently acquired Dryen Australia Pty Ltd, Pauline led business and product development for many key retailers in Australia and New Zealand, travelling extensively around the world to meet with customers and suppliers. She is now undertaking the strategic shift for transformation of these two recently integrated businesses.

Earlier, she rose through the ranks of Pacific Brands where she was on the company's Management Development Program, undertaking an MBA program at Melbourne Business School in Mt Eliza. Pauline was directly involved in the due diligence of acquisition of numerous businesses for Pacific Brands, and ultimately became General Manager of Sheridan Australia.

A passionate and energetic business leader, Pauline has accepted the role of Board Member with much enthusiasm, believing her commercial marketing background and long history of recruiting and developing people will add value to the Nadrasca community.



Gus Koedyk
Executive Director



Some of the new trainers

Certificate IV in Training and Assessment TAE4010

In August 2016, two groups of Nadrasca staff members embarked on the journey of attaining their Certificate IV in Training and Assessment TAE40110 with Box Hill Institute, over 11 consecutive weeks. On top of that, there were assessment tasks to complete in their own time. This was a huge commitment from all 20 of the staff members and it resulted in a 100% Pass rate.

They were recently awarded their Certificates and congratulated on their achievement. These staff members are now actively working as trainers and assessors in the accredited training programmes that Nadrasca is offering our participants, in conjunction with the Box Hill Institute.



Nadrasca Community News

New Faces and Old

What a great start to the year. After many celebrations and farewells, **Betty** finally 'left the building' and by all accounts, has embraced her new life.



We welcome **Damian Cox** and **Nicole Berry** to the Nadrasca Community Leadership team.

They both come with a great outlook and values that will support our transition to the NDIS.

A photo shoot with **Jonathan Finch** of **The Good Guys Nunawading** and the new tractor they donated, was featured in the local Leader newspaper. A Nadrasca employee, who is part of Nadrasca's Outreach services, received a fridge donated through the Good Guys Merry GiftMas project. We have been very fortunate with the relationship we have with Jonathan Finch and the team at The Good Guys Nunawading.

Raeoni Turner
General Manager, Nadrasca Community



L-R: Jonathan Finch, Peter, Ben, Jarrod and Rodney

My Life, My Future News

We welcome seven young adults to *My Life, My Future* Traineeship: **Joel, Bailey, Cameron, Taylor, Matthew, Tracey and Stephen**. These young people completed work experience last year and are now in their first year in a supported work environment. Pictured below are some of the young adults on-the-job at Nadrasca Industry.



L-R: Joel, Taylor (in background), Cameron, Matthew (in background) and Bailey

We also warmly welcomed **Lauren, Josh, Jordan and Natalie** to the *My Life, My Future* Community programme. People have been busy in planning meetings, setting new goals for 2017 and discussing their hopes, dreams and aspirations.

Laura, Eleanor, Damian, Cary, Julian, Zac, Peter and Mitchell have begun studying Certificate 1 in Transition Education. In the next few weeks, another team from MLMF will begin their studies.

Congratulations to **James** who successfully gained his forklift licence, **Danni** who represented Basketball at a state level and won the title, and **Teghan** who passed her hazard test. **Daynah** blitzed in cricket championships in Geelong.

We farewelled **Joey** who has gone to experience what else he may like to try and **Gabby** who is about to become a new mother.

We have been extremely fortunate to have **Laura Anne** and **Amelia** join our team and provide administrative support.

Maryanne Weir
My Life, My Future Coordinator



Shari Moore pictured here with Linda Hancock

High Street News

Everyone came back refreshed and enthusiastic to face 2017. In late February, Linda Hancock from Victoria Police attended the High Street site to give a presentation on 'Safety in the Community'. Topics discussed included keeping personal belongings safe, being safe around strangers, how to feel safe on public transport and staying safe on social media. A number of questions were asked, creating good discussions.

The World Food Festival held in December to celebrate International Disability Day was a huge success (pictured below). We had Asian, Indian, Italian, Greek and Danish cuisine. **John Burger** and his music group entertained us with music and dance from around the world.

Hema Kumble
Manager, Community Options



Rita Colla and Hannah Lawrence with John Burger

Witt Street News

'Hello' to every one one of you from Nicole Berry. In early February I commenced my role as Programme Manager at Witt Street Community Options.

2017 has been a wonderful new beginning for me. I have been made to feel so welcome by participants and the Nadrasca team and have felt very spoilt with all the warmth and affection. Participants have given me hand-picked flowers from their gardens, home-grown tomatoes, a welcome card and a picture that I have proudly displayed on my wall. Every day at Witt Street has been a joy, with lots of laughter (usually at my expense when I call someone by the wrong name)!

My favourite part of the day is talking with participants and staff about their day, the programmes they are involved in and their future aspirations. Thank you to everyone for making me feel so welcomed and part of the Nadrasca team.



June Patterson with some of her artwork

There is such talent at Witt Street! Pictured is just one of our awesome, talented participants with her work.

Nicole Berry
Manager, Community Options



Charging through weeds, thorny old roses and cutting back plenty of tired agapanthus!

Accommodation News

During the recent holiday period, a total of eight of our participants went on three separate holidays, all to Tasmania, some sailing there on the Spirit of Tasmania. They all had a wonderful time in the Apple Isle, a popular destination in summer.

It's full steam ahead as our participants have all returned to work and the countdown to Easter has begun. Chocolatey goodness awaits us!

Hopefully the worst of summer is over now and our participants will soon be getting the blanket snuggies back out and the winter seedlings planted in the veggie patches!

In late February, one of our Accommodation facilities in Mitcham had its first Working Bee. Being over-achievers, we aimed for the stars and set a to-do list that was epic. Plenty of family volunteers, participants and staff were determined to accomplish the mission in what I can only say was a fantastic team effort. A special gold star effort to Richard and Bill – so dedicated and energetic. We are all so proud!

This year we would like to spruce up a few of the other Accommodation facilities and aim to have a working bee every couple of months. *Please contact me directly at dcox@nadrasca.com.au or 0400 815 584 for more information or if you would like to donate any plants or materials.*

Damian Cox
Manager, Accommodation Services



Farm News

It has been hot at the Farm over the summer months, but the farmers have been up to the challenge. Eight participants started the summer programme and completed two modules out of 10 in the Certificate 1 in Transition Education.

The Lions Clubs of Pandino in Italy and the Lions Club of Blackburn North generously donated a water drinking fountain (above) for the Farm. It sits outside the barn in the top paddock for all to use. Nadrasca thanks both organisations for their kind donation.

We have started harvesting vegetables from our summer crop – carrots, radishes, beetroot and potatoes. So far, we have dug up about 40 kilos of potatoes from the potato garden bed.

Rodney Kayne
Coordinator, Nadrasca Farm



New forklift licensees: James, John, Geoff and Bill

When Adam Johnson left to work for Boeing Aerostructures Australia last year, forklift operator vacancies were created in the Warehouse. Training commenced for prospective forklift drivers in September. By November, four employees had successfully obtained their forklift licences. Congratulations **Bill Anderson, James Benson, John Finlayson and Geoff Lawry** who have all started operating forklifts and have commenced further training in the warehouse.

Service Milestones

Congratulations to those who reached special employment service milestones in the first quarter of 2017. We thank them for their continued efforts to make Nadrasca Industry a success.

Wayne Farmer	35 Years
Cathie Sellars	35 Years
Kerry Johnson	30 Years
Bernie Smith	25 Years
Linda Clements	15 Years
Daniel Camilleri	15 Years

Training Services

The 22302VIC Certificate I in Work Education classes for the 27 participants from Industry recommenced on 27 February 2017. This group started midway through 2016 and are expected to complete the course in 2017.

Classes in the 22301VIC Certificate I in Transition Education recommenced at the Community sites on 30 January with the participants continuing with the two elective units started in the 2016 Summer School. This programme

also started again with Industry groups on 27 February 2017. It is planned that these groups will finish their courses in 2017.

Across Nadrasca, we now have almost 160 participants enrolled with Box Hill Institute.

Welcome Kim

We welcome **Kim Goodall** who was appointed Training Programme Coordinator, commencing on



2 February 2017. Kim is responsible for looking after the trainers and the training programmes they run. Kim's background is as an Integration Aide, so she will be working with some of our participants on a one-to-one basis to assist them with their assessments when needed. She has also managed an outsourced programme through a TAFE in a similar way to our contracting arrangements with the Box Hill Institute.

Judy Roberts
Manager, Training Operations

People News



Chris (next to the mural) with his Certificate of Participation from Maroondah Council.

Beneath Tall Trees (Yarrunga)

About three months ago, Headspace asked me to get involved in an art mural project funded by the Maroondah Council. To complete this project I have been going to Yarrunga Community Centre every Thursday from 11am to 2pm to work on a mural that will be

displayed in their foyer. It took about two months to finish. While working on the mural I learnt many new things like painting techniques and using different objects. It was kind of hard, putting it all together, but we did such a great job on it and it was worth the time.

Working on the art mural was really

fun and it made me feel inspired, motivated and proud because I helped create something that hundreds of people are going to see when they walk into the foyer of the Yarrunga Community Centre.

By Chris Holdsworth
Nadrasca Industry trainee
My Life, My Future

NB: Yarrunga means 'beneath tall trees'. It represents the importance of maintaining the natural environment in an area undergoing rapid urban development and evokes pictures of people meeting to share and learn in a friendly and welcoming place.

Congratulations Hema

Congratulations to Bala and Hema Kumble (High Street) on the birth of their first grandson, Rishi. A very happy occasion!