



## Nadrasca congratulates Chris Pyke on 25 years of service

At Nadrasca's recent Board meeting, Chris Pyke was presented with his 25 year award for voluntary service to Nadrasca as a Director.

Chris joined the Nadrasca Committee of Management in 1990. He was a member of the Nunawading APEX Club who formed a sub-committee to provide services for pre-school aged children with intellectual disability and provide support to their families. This sub-committee eventually

became Nadrasca. Chris has been involved with a number of Nadrasca projects over the years, including many hours and weekends spent by members of Nunawading APEX renovating and painting the Nadrasca holiday house at Somers.

He joined the Nadrasca Committee of Management when his membership at APEX ceased, at the young age of 40. His attendance at Board meetings has been



Chris Pyke (left) accepting his award from Mike Poole, the Chairman

exemplary and the only absences have been when he was interstate or overseas on work commitments. This is despite living in Launching Place, Mooroolbark and Carnegie over the last 25 years.

Chris is not afraid to ask the hard questions and challenge issues that impact the organisation and the people Nadrasca supports. Nadrasca would like to thank Chris for his dedication and commitment to Nadrasca over the last 25 years.

## NDIS Rollout Dates Announced

### From the Desk of the Executive Director

On 16 September 2015, the bilateral agreements for the rollout of the National Disability Insurance Scheme (NDIS) were signed by the Commonwealth Government and Victorian State Government. The first stage of the rollout commenced in the Barwon Region (trial site) on 1 July 2013.

The NDIS is being introduced in stages in Victoria and will roll out progressively by region over 3 years from 1 July 2016. Excluding the Barwon Region, there are 8 country regions and 8 metropolitan regions. An interactive map and video of the rollout schedule is available on the [ndis.gov.au](http://ndis.gov.au) website under 'The NDIS in your area – Victoria' tab.

People currently receiving supports from the Commonwealth and Victorian Governments will move to the NDIS at different times, depending on the support they receive and where they live. For participants living in the Inner East and Outer East of Melbourne (which includes the majority of people Nadrasca supports) the NDIS will commence on 1 November 2017.

### What can you do to prepare for the NDIS?

- You can visit the NDIS website at [ndis.gov.au](http://ndis.gov.au) to obtain more information.
- You can download the **Participant Information Pack** from the website.
- You can work through the **NDIS Online Access Checklist** to determine eligibility.
- You can contact the **NDIS on 1800 800 110** or **Nadrasca on 1300 623727**.

Nadrasca will assist you with the transition by conducting forums over the next two years. This commenced with a presentation at our recent Annual General Meeting in September 2015.

According to the NDIS website, the NDIA will be in contact with you if you are currently accessing services, to discuss the process of entering the NDIS.

The NDIS is a market restructure for providing individual support for people with a disability and it is important that people with a disability, their family and carers, obtain as much information about the Scheme as they

### Diary Dates

The Rooks Road Head Office is closed from midday 23 December 2015 to 3 January 2016 inclusive.

Nadrasca Industry is closed from midday 23 December 2015 to 8 January 2016 inclusive.

(Only the Early Return Crew returns on 4 January 2016).

Community Options (Witt Street, High Street, My Life, My Future and Seniors) is closed from 24 December 2015 to 19 January 2016 inclusive.



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# Nadrasca Community News

## DHHS Quality of Support Review

The Department of Health & Human Services (DHHS) has implemented a new mandatory Quality of Support Review process for all Category One allegations of assault of a client by a staff member in disability services. Allegations of unexplained injuries of a person with a disability may also be subject to the review process. The Quality of Support Review process is intended to be of benefit to:

- People with a disability: ensuring that their rights are considered equally with the rights of staff members alleged to have been involved in assault incidents, and that their rights, safety and wellbeing are protected and promoted by the disability service provider.

- Providers of disability services: providing opportunities to learn from incidents and to review, establish and/or strengthen processes to improve service quality and reduce risk of occurrence of incidents in the future.
- DHHS services: providing opportunities to improve quality, address systemic issues, develop and/or implement policy or practice change if required, ensure continuous quality improvement, monitor the integrity of the services it manages and funds.

The new Quality of Support Review process aims to ensure that people with a disability are supported to live safe, happy and fulfilling lives free from abuse.

## NDIS Forum

On 15 October Nadrasca staff attended a forum on the NDIS. Some of the overall themes were:

- Participants and families need to know what they want and need.
- Be very aware of the NDIS website and learn the new language
- Don't be closed to new ideas; instead, embrace change
- Supports don't stay static

Overall, participants and families had positive experiences.

**Raeoni Turner**  
General Manager, Nadrasca Community



## Farm News

It is full steam ahead at the Farm this quarter. We have installed a new kitchen and LCD television in the main barn, and there has been lots of planting by the crew. This season we are planting beans, cabbages, cos lettuce, chickpeas, eggplant, chillies,

corn, pumpkin and cucumber. We have also planted a few new fruit trees, including figs.

Nadrasca is working very hard to amend the Farm Permit and get it approved by Council. This will allow us to further develop the top paddock by

adding a new office building and a new shipping container to house our new Zero Turn Ride-On Mower. It will also assist in further developing the lower barn as a useable space.

**Rodney Kayne**  
Coordinator, Nadrasca Farm

## NDIS Rollout Dates Announced – from page 1

can, prior to meeting with a planner to discuss the support required to assist them to live their lives.

The intention of the NDIS is to give people with disability the eligibility and entitlement for funding, and more choice and control over how, when and where they receive support. This replaces the current disability support system which the Productivity Commission deemed 'underfunded, unfair, fragmented and inefficient'. We recommend that potential participants of the NDIS, their parents and carers obtain as much information as they can, prior to the rollout.

Enclosed is an NDIS Fact Sheet which you may find useful.

The Nadrasca Board and Management would like to thank you for your support, and wish you Season's Greetings and a Happy New Year.

**Gus Koedyk**  
Executive Director



## Seniors News

Congratulations to Robyn Weston, Patty Rodgers, Jude Costa, Leanne Battle and David Rogers whose artwork was exhibited in the State Trustees Exhibition 2015 at Federation Square from 13-27 October 2015. This amazing opportunity gave the artists exposure to tens of thousands of visitors to Federation Square. Only 80 artists were accepted this year, five of them from the Seniors. Robyn has sold her art on [www.motivastic.com.au](http://www.motivastic.com.au)

Paul Wetherall of Motivastic is giving the artists further opportunities. He has organised the production of a video on the artists, to further expose the amazing abilities and high quality of original art these talented artists in residence at Seniors Service are producing. We extend a very big thank you to Paul for this amazing opportunity.



Jude Costa with her painting at Federation Square

The Seniors also created another large mosaic for *My Life, My Future*, based around the younger generation with a black silhouette of

two young people on their laptops. We were all invited for a BBQ lunch by the participants and staff at MLMF to thank us for the mosaic.

We have been busy packing all our materials into boxes in preparation for the move in December to the refurbished building at the back of Community Options Witt Street. The artists are very excited to have a site that will work better for their increasing needs.

**Paula Euthimiou**  
Manager, Seniors Service

## Witt Street News

**What a great year it has been at Nadrasca Community Options!** We have all enjoyed being out and about, getting to know our community and giving the community a chance to know us! We have tried our hand at fishing, visited some great parks, sampled the local cafés, participated in sports programmes, seen some fantastic productions – the list goes on and on!

Back at base, things are really moving. Renovations have started and we look forward to an improved building with an updated pool in the near future! Christmas preparations are underway and we are anticipating an enjoyable Christmas breakup at the Knox Club.



We thank everyone who came along to the opening of the Alrassa Exhibition, held at the Box Hill Community Arts Centre in September. A good night was had by all and a few sales were made.

The Exhibition was advertised in the *Weekly Review Magazine* and on Opening night, the group was approached by Kerry Punshon, a 'Special Needs' dentist. She and her partner Paul were interested in hanging some of the artwork at their clinic in Blackburn. This was arranged after the exhibition, so if you want to see some of their work, you'll find it there!

**Betty Hamilton**  
Manager, Community Options

## High Street News

We welcome **Frank McGowan** who has joined the Transport Team.

**Sports Day** on 14 August was a huge success and people thoroughly enjoyed the day. The Advocacy Committee raised \$80 for the Fight Cancer Foundation on the Footy Colours Day and received a Certificate of Appreciation. Everyone came dressed in their footy team colours and Vicki Mitchell diligently collected money from everyone.



**Footy Day** on 1 October was fantastic. Staff and Participants worked hard to decorate the room. People participated in some ball games and enjoyed hot pies and a drink.

We are in the process of setting up a mini 'gym', putting into use current and new exercise equipment.

The Advocacy Committee has put up an events board in the foyer which is updated every time we have a special event. The Committee is in the process of planning events for 2016.

**Hema Kumble**  
Manager, Community Options

## My Life, My Future News

If you have been to visit us lately, you will notice that our backyard has slowly been transformed into a beautiful garden retreat.

This is thanks to the wonderful and very talented Brodie Knell. Brodie has been busy working on the redesign of the garden for many months – even through the colder winter days; he shows true motivation and passion. Brodie and some of his co-workers have carefully selected plants, built garden beds and planter boxes, and made some outdoor seats and ornaments. We are all so grateful for his work and enthusiasm. We are now looking forward to spending time in our new garden in the warmer months.

We are enjoying the expertise of Bron Jones, a speech pathologist from



Yooralla's Eastern Region Communication Access Network (CAN). Bron spent a year with a team across all areas of Nadrasca. We are now engaging her services once a month to work alongside all the people at *My Life, My Future*, supporting us in establishing effective communication systems.

Bron is currently running a 4-session keyword signing workshop, which is open to all Nadrasca staff. This will better prepare us to learn keyword signing, utilise our current skills in keyword signing and, more importantly, the essential use of natural gestures, cues and facial expressions.

**Maryanne Weir**  
My Life, My Future Coordinator



MLMF and Seniors staff and participants at the BBQ get together

Nadrasca Industry continues to grow, with new clients from NSW and Tasmania visiting our premises and utilising our services.

Nadrasca Commercial Printing has continued to provide experiential learning in a number of areas which include:

- producing offset lithographic plates
- producing basic guillotined products
- editing digital images
- transferring digital files
- undertaking basic machine maintenance

## Nadrasca Industry

High Quality Offset  
Value for Money  
Full Colour  
Commercial Printing

For enquiries please contact  
[nadrascaindustry@nadrasca.com.au](mailto:nadrascaindustry@nadrasca.com.au)



Nadrasca Commercial Printing was pleased to receive seven pieces of art produced by the artists at Nadrasca's Seniors Service. This art was made available for customised Christmas cards where the artist is recognised as part of the card design.

### Industry Service Awards

A number of employees were presented with Service Awards at the October monthly meeting. Congratulations to the following people and thank you for your contribution over the years.

**10 years** Nicole Allemand  
Adam Law  
Andrew Milne  
Kim Owen  
Mark Owen

**15 Years** Anne Clark  
Fiona Cross

**20 Years** Trevor Parsons

**30 Years** Lindsay Anstey  
Kaye Balcombe  
Philip Brown  
Christine Davis  
Kim Mahony  
Tom de Ryk  
Stephen Williams  
Barbara Streiff



### Footy Day 2015

We held our annual Footy Day on 1 October to celebrate the end of the season and the Grand Final. We dressed up in our clubs' colours, the canteen was decorated with colours of the Grand Final teams and we had a delicious lunch – pie, donut and soft drink. A good time was had by all. (Pictured above)

### Footy Tipping

Footy tipping was very popular again this year, with more people participating. The results were very close until the end. We had three 1st prize winners. Congratulations to **Samantha Baroni** from Seniors, **Barry Hamilton** and **Kevin Loran** from Industry.

*Colin Holmes*

*General Manager, Nadrasca Industry*

## People News - Vale:

### Toni Pentland

Toni Pentland started work with Nadrasca in 1976. She worked in packing and assembly and then moved to work in our second-hand bookshop in Blackburn. Toni worked very capably in all aspects of the Bookshop. She was devoted to her customers and knew the favourite authors of regulars, making it her business to source the titles they wanted.

Due to failing health, Toni left the bookshop and worked at Rooks Road for a while prior to retiring, where she made new friends and enjoyed the company of old ones.



Toni loved her work at the Bookshop, but this was nothing compared to her devotion to the Collingwood Football Club – her big passion in life. Toni attended every game throughout the season; she was a cheer squad member, participated in banner making and travelled to interstate games. The highlight of her year was attending the Black and White Ball and the Copeland Medal presentation. She was able to name all the players and had spoken to many of them, calling them her 'boys'.

Toni passed away on 28 September 2015. She was a kind and caring person and will be missed by all who knew her. We will all miss her smiling face.

### Ralph Palma

Angelo Ralph Palma was a man with a great sense of humour and the ability to get on with people. His smile would light up a room. He wanted to know everything about everyone and what was happening around him. His passion for food and knowledge of the local restaurants was second to none. He loved music and played a variety of instruments. He had a wonderful family who supported him and included him in all aspects of family dynamics.

Ralph passed away on 2 October 2015. We will all miss him and his family.

The family asked for donations to Nadrasca instead of flowers in memory of Ralph.

