

**Outreach  
Services**

**Nadrasca  
Outreach Services**

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*“Living and Enjoying Independence”*

Our purpose is to establish and develop a range of services for people with a disability

## Nadrasca

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Nadrasca was established in 1967, as a Not-For-Profit Disability Service organisation and today provides support services to over 350 people with a disability across 24 locations in the Eastern suburbs of Melbourne.

## Outreach Services

### Nadrasca Community Outreach Services

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Nadrasca Community Outreach Services (Outreach) is for people with a disability who would like to be supported to maintain their independence or would like to learn new skills to live independently.

We provide limited support, based on funding, to people to pursue their individual goals and aspirations, and we provide assistance to link people into their local community. Nadrasca assists people to develop a Personal Plan incorporating their strengths, dreams, and aspirations.

### A Wide Range of Support

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Outreach supports people with a disability by developing and keeping up their skills to carry out everyday activities. Outreach also involves assisting people to carry out activities and interactions that they are unable to do without support. This includes assistance with:

- Home living activities such as housekeeping, shopping, cooking, and household budgeting
- Using community resources (e.g. banks, shops, public transport, recreational activities and attending medical appointments)
- Using aids and equipment for mobility and /or independence
- Decision-making, problem-solving and conflict resolution
- Building and maintaining community connections and personal relationships
- Using services in the community to enable people to stay in their own homes

### Eligibility Criteria

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In order to access Nadrasca Community Outreach Services, a person must meet all of the following criteria:

- Have a disability
- Be 18 years or over
- Be registered with Department of Human Services (DHS) Victoria
- Have either an “Individual Support Package” (ISP) or a “Support Package for Independent Living”.

If a person with a disability has been provided with an Individual Support Package from DHS, Nadrasca has the ability to assist the individual to gain the best possible outcomes – i.e. create a plan and implement that plan with the funds available.

## Fees

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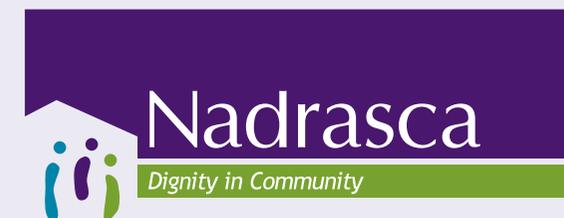
Nadrasca invoices once a month and charges a monthly administration fee. Fees are reviewed annually in line with the Consumer Price Index.

## Training

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People using the service are informed in the DHS Quality Framework and are trained in the “Complaints” procedure.

All people being supported have annual “My Plan” meetings and reviews.



For further information please contact:  
Raeoni Turner or Susan Dobbie on  
**(03) 9873 1111**

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